



Advice and Guidance to OPITO Training Providers Relating to COVID-19

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Rescue Breath Training Requirements

With immediate effect and until further notice, due to the unique challenges in ensuring full disinfection of CPR mannequin facemasks and counterlungs between uses, delegates will no longer undertake practical training exercises requiring performance of rescue breaths (i.e. BOSIET, FOET, ITSO and AMA programmes).

However, delegates must still practice establishing an airway and verbally confirming delivery and correct number of rescue breaths.

Instructor demonstrations are still required. Mannequins must be thoroughly cleaned and, where appropriate, masks and counterlungs replaced and/or disinfected between instructor demonstrations.

Training Facilities and Equipment Guidance

In addition to existing OPITO requirements already in place which ensure all equipment and facilities are safe for use by delegates and training staff, we strongly advise training providers to maintain vigilance in the following areas:

- Reinforce the need for good hygiene with all delegates in accordance with World Health Organisation (WHO) advice including the requirement to incorporate this as part of the introductory session to all training programmes and ensure all delegates follow hand washing and disinfection procedures before commencement of and on completion of practical training exercises
- Ensure regular disinfection of commonly used surfaces such as classroom facilities, handrails, handles and points of contact used when entering and exiting training facilities
- Practice extreme care in situations where virus may spread from the use of equipment, ensuring full disinfection of equipment between users

Continuation of Training

Training Providers are uniquely placed to fully understand the local, regional and national conditions and constraints in which they are operating and as such we believe that it is for Training Providers to take the decision whether to continue training. At all times, national and local government health guidance should be followed.

Business Resilience

We would encourage that as part of business continuity procedures, Training Providers constantly review their risk assessments in regard to COVID-19 to ensure they are suitable and sufficient. This includes confirming arrangements for notification, coordination and internal and external communication considerations when a suspected case of COVID-19 is identified.



Clear processes including roles and responsibilities and lines of accountability should be identified for responding to COVID-19 related scenarios. An Action Plan to ensure that your level of readiness based on WHO and other agencies as appropriate should be maintained.

Supporting Information

Remain aware of the latest information on the COVID-19 outbreak. Guidance and advice are available on the WHO website and through your national and local public health authority.

Take care of your health and protect others by reading through the information provided by WHO; helpful information and advice can be found [here](#).

Please also refer to the poster below which details advice on how to correctly wash your hands, to prevent the spread of germs. This has been adapted from original material provided by our advisors International SOS.

WASHING YOUR HANDS PROPERLY WITH SOAP AND WATER WILL HELP PREVENT GERMS FROM SPREADING.



Scrub your hands with soap for at least **15-20** seconds. Using water alone does not remove soil and grease which can trap unseen germs and viruses.

Total duration of the entire procedure is **40-60** seconds using the following steps:

